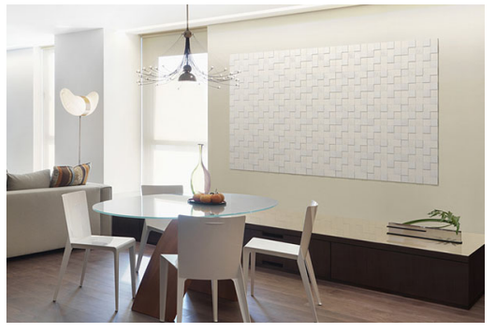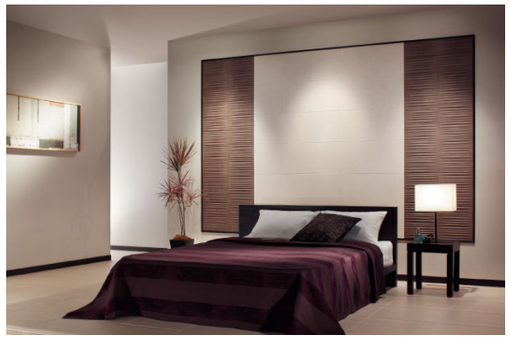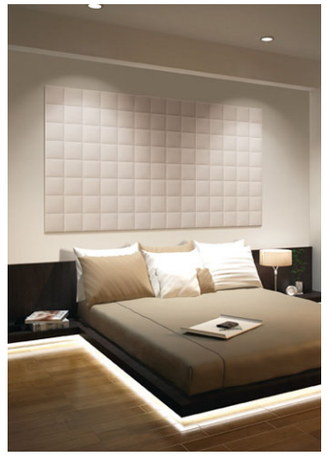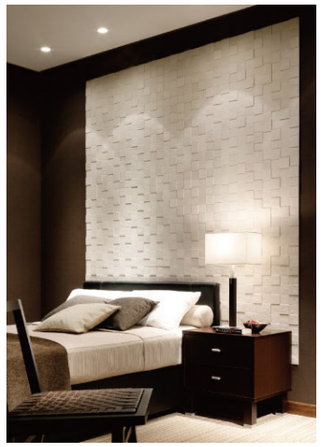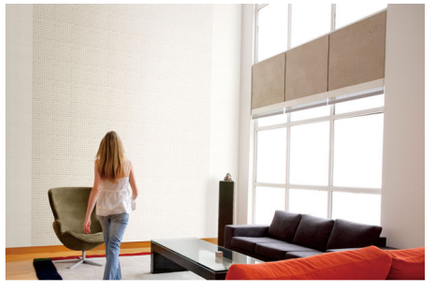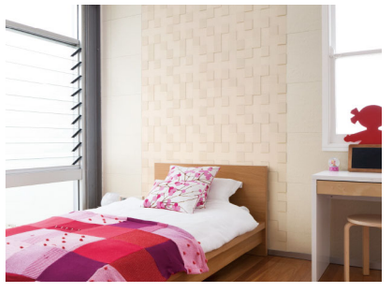オプション　(エコカラット)